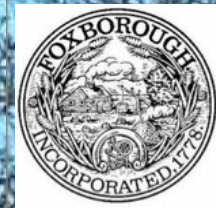


# FOXBORO RECREATION



**FOXBOROUGH**  
INCORPORATED 1778

Winter 2020

[WWW.FOXBOROREC.COM](http://WWW.FOXBOROREC.COM)



## Contact Info

Mailing Address: 40 South St.  
Foxboro, MA 02035  
Rec Office: 80 South St.  
Phone: 508 543-7255  
Hours: Monday-Thursday  
8am-4pm  
Friday  
8:00am-2pm  
Website: [www.foxbororec.com](http://www.foxbororec.com)  
Email: [hstapleton@foxboroughma.gov](mailto:hstapleton@foxboroughma.gov)

[www.facebook.com/FoxboroRecreation](http://www.facebook.com/FoxboroRecreation)

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## Staff

**Recreation Director:** Debbie Giardino  
**Assistant Director:** Renee Tocci  
**Recreation Coordinator:** Heidi Stapleton

### **Weather Cancellations:**

In case of inclement weather, in which classes or activities may be cancelled, you will be contacted by the Foxboro Recreation Department. You may also check our website and Facebook page. Our cancellations are aligned with Foxboro Public Schools. Any program is assumed running as scheduled unless you have received word directly from the Recreation Department.

### **Withdrawal Policy:**

If you have signed yourself or your child up for a program and have to withdraw for any reason, a 20% processing fee will be charged. If the request for withdrawal is less than 5 days prior to the start of a program then you will receive a credit to your account and no refund will be given.

If Foxboro Recreation needs to cancel a class or program due to lack of attendance or for any reason, participants will be refunded which will be in the form of a check and will take 2-3 weeks.

There will be NO refunds/credits canceling the day of or after the start of the program.

### **Rental Facilities:**

We have two facilities to rent for parties/events and more:

CRRA Recreation Hall- 68 Mill Street (stats/max capacity/costs- see online details)

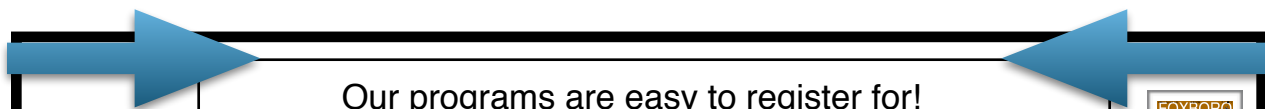
The Chapel Meeting House- 58 Mill Street (stats/ max capacity/costs- see online details)

## Director's Message


Happy Holidays! It has been fun and busy these past few months at the Foxboro Recreation Department! We hope that you and your family got to enjoy some of our events like our Farmers' Market, Halloween Parade, the Uncommon Pumpkin Patch and our tree lighting on the Common. I am very proud of the work our team has done to get this brochure to you. I am equally proud of the wonderful program staff and volunteers we have to make these programs available to you! Please take a look at our winter brochure as it is filled with many of your favorite classes as well as new offerings. We have many new families in town and we would love to meet you, hear from you and have you take advantage of our programs. If you have a talent you would like to share with our community, please contact us to discuss your idea! We hope you will join us and register for some of our amazing programs.

Thank you for your support of Foxboro Recreation!

*Deb Giardino*  
Recreation Director



Our programs are easy to register for!  
Just visit [www.foxborrecre.com](http://www.foxborrecre.com) and check out our APP!  
Our link is on our home page.  
Keep up to date with what's happening at the Rec!



Town of Foxboro Parks, Fields and Amenities	Address	Notes
Booth Playground/Fields	80 South Street	Playground/Fields/Office
Payson Complex	46 Payson Road	Playground/Fields/Touch-a-Truck
Foxboro Skate Park	80 South Street	Skate Pass-early spring
Tennis Court	80 South Street	Open to Public
CRRA-Donald Cotter Recreation Hall	68 Mill Street	Rental/Programs
Chapel Meeting House	56 Mill Street	Rental/Programs
Town Pool	68 Mill Street	Open to Public/Membership
Camp St. Augustine Property	68 Mill Street	Scouts/Land
Lane Property-Conservation Land	North Street	Please no ATVs

**Toddler/Preschool Programs**

Foxboro Recreation recognizes that the early years are an important time in a child's life. We offer a variety of quality programs at our recreation centers as well as a many great toddler/preschool programs. Class sizes are limited in order to give each participant the quality of attention you expect.

Activities will enhance socialization, assist in building self-confidence, and provide some educational experience. Our programs are all play based where children will participate in crafts, games, circle time, sharing, creative play, and other activities based on their age.

The early childhood years from birth to age 5 are a critical time for developing many important language, physical, social, and emotional skills.

Enrolling in early childhood programs gives young children opportunities to practice those key developmental skills. All of our preschool and toddler programs are led by Renee and her caring, expert staff who understand early childhood development and design age-appropriate activities that ensure children have the best possible introduction to organized play. Our staff is skilled at easing the transition into participating independently.



**Little Rec-Kers**

Program for toddlers (18 months-5 years)

**Monday-Thursday**

**9-11:30am Class Schedule**

**December 9, 2019-January 27, 2020**

*(No class 12/23-1/1 and 1/20)*

**February 3, 2020-March 23, 2020**

*(No class 2/17-2/20)*



**Ages: 18 months-5 years**

**CRRA Hall- 68 Mill St.**

**\$157.50 for 7 weeks**

### Kids Obstacle Fun!

Your child will have fun running through challenging and adventurous obstacles. This will help with their coordination and agility and they will have fun doing it! Certified personal trainer Lisa Cossette will take your kids on a fun adventure and they get exercise doing it!

**Wednesdays**  
**January 15-February 5th**  
4-5pm



**Wednesdays**  
**February 26 -March 25th**  
4-5pm  
*(No class on 3/11)*

**Ages: 4-8**

**CRRA Hall- 68 Mill St.**

**\$50**

### Intro to Robotics

Students will be instructed in robotic basics through a hands on program with working robots. Each participant will build and keep their own working robot. Working in a team, students will operate a set of robot that can play soccer and compete in a mini soccer tournament.



**Monday, February 24- March 23rd**  
5-6:30pm

**Ages: 9-15**

**CRRA Hall- 68 Mill St.**

**\$120 includes robot**

**Do you have a talent you would like to Teach?**

Do you have a talent/skill that you would like to teach to others? Contact us! 508-543-7255 We are always looking for fun ideas and new classes and programs for kids and adults.



**Clay with Lizanne Donegan**

Lizanne Donegan lives in town and has taught pottery to adults and children in the greater Boston area for 22 years, Lizanne handcrafts her pottery at Potters Place in Walpole. She is delighted to have the opportunity to share her knowledge and enthusiasm of working with clay with our community by offering classes to children this fall. This is Lizanne's 5th year teaching with Recreation.



**Create your own Gnome, Leprechaun or Wee Folk**

Students will learn the pinch pots, slab and coil method to hand build their own gnomes, leprechauns or wee folk. Pieces will be decorated with underglaze.



**Tuesday, February 4th**  
3:45-5:45pm

**Think Spring! Birds, Nests and Bunnies!**

Students will learn the pinch pots, slab and coil method to hand build their own spring animals like nesting birds and hopping bunnies. Pieces will be decorated with underglaze.

**Tuesday, March 3rd**  
3.45- 5.45pm



Grades: 2-6

CRRA Hall- 68 Mill St.

\$50

**Younger Kids in the Kitchen**

Is your child interested in baking? Valentine's and St. Patty's Day baking will be sure to be a hit!

**Valentine's Baking**  
Thursday, January 30th

**St. Patty's Day Baking**  
Thursday, March 5th

**Ages: 7-9 years**

**CRRA Hall-68 Mill St**

**\$53**

**Kids in the Kitchen & Teens Cooking**

**Kids**

**Valentine's Baking**  
Thursday, February 6th  
4-6:30pm

**St. Patty's & Easter Baking**  
Wednesday, March 11th  
4-6:30pm



**Teens**

**Valentine's Baking**  
Thursday, February 13th  
5-7:30m

**St. Patty's & Easter Baking**  
Thursday, March 12th  
5-7:30pm

**Ages: 10-16 years**

**CRRA Hall-68 Mill St**

**\$53**

**Monthly Cooking Adventures for Adults**

**Super Bowl Party**  
Thursday, January 16th  
6:30-9pm



**Make and Take Hands on Class:  
Freezer Friendly Arancini with  
Tomato Sauce**

Thursday, March 19th  
6:30-9pm

**Ages: Adults**

**CRRA Hall- 68 Mill St.**

**\$53**

**Kids' Night Out!**

Enjoy the night out! We will entertain your children! There will be activities planned and arts and crafts created! Themed nights! Pizza and drinks will be served!

**Friday, February, 7th**  
5:30-8:30pm



**Friday, April, 3rd**  
5:30-8:30pm

**Ages: 5-11**

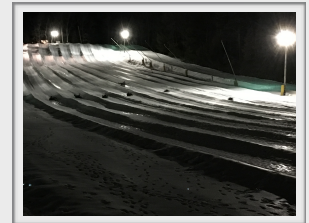
**CRRA Rec Hall- 68 Mill St**

**\$20**

**Nashoba Valley Snow Tubing**

***Our EIGHTH year!!!!***

Join us for a fun evening of snow tubing at Nashoba Valley Ski Area. The Recreation Staff supervises this memorable evening with friends. Snacks are available for purchase. Needs waiver signed to attend.



**Thursday, January 23rd**  
**(staff development day is Friday, Jan 24)**  
**4:30-9:30pm**

**Grades: 4-8 (42" inches tall or taller)**

**Nashoba Valley**

**\$48 (includes bus and 2 hours tubing)**

**Winter Skate at Patriots Place- Free Passes**

Free passes for families to skate at Patriot Place. Stop in the office and pick up to use for the day/night. Check it out at [www.foxborec.com](http://www.foxborec.com). Office hours 8am-4pm Mon-Thurs & Fri 8am-2pm



**Ages: All**

**Patriot Place**

**Free**



**Spend the Day with Recreation!**

We will be holding a program on Friday, January 24th for grades K-5 as there is a professional development day. The day will be spent doing crafts, activities and attending a field trip! We are still working on the details for the field trip.



**Friday, January 24th- Professional Dev. Day  
9am-3pm**

**Grades: K-5**

**CRRA Rec Hall-68 Mill St.**

**\$70**

**Top Secret Science- Crazy Chemistry Day!**

Come join us for this very cool and fun program! Over the past 24 years, Top Secret Science ([www.TopSecretScience.org](http://www.TopSecretScience.org)) has worked hands-on with over 1,200,000 children. The kids will be doing up to 8 different science experiments and most of our projects are make and take home projects. The scientists are fast paced and funny, and your kids will be thoroughly entertained (they'll even learn some interesting things too). We will explore weird solids and liquids, crystals, and chemical reactions. Be prepared for lots of fun!

**Saturday, March 7th 9am-12pm**

**Grades K-5**

**CRRA Rec Hall**

**\$35**

**Dr. Seuss Birthday Party**

Join us to celebrate Dr. Seuss's birthday!

Think left and think right. Think low and think high. Oh the things you can think if you only try- Dr. Seuss  
We will be having an evening of many exciting crafts, activities and treats (pizza included!) in honor of Dr. Seuss from finding wockets in our pockets to making the original Oobleck!



**Friday, March 6th 6-9pm**

**Ages: 5-11**

**CRRA Rec Hall**

**\$20**

### Home Alone Safety

Unexpected events such as a snow day, business appointment, or child care plans falling through can happen at any time. Occasionally your child may need to be alone after school. Making sure your child is prepared and feels confident and safe is essential for a successful home alone experience. Staying home alone can be a positive experience for kids and can help them to gain a sense of self assurance and independence.

**Friday, January 24th**  
5:30-8:30pm

**Ages: 9+**

**Chapel Meeting House**

**\$65**

### Cake Decorating

It's not just icing on the cake, it's your very own masterpiece!  
Have you watched Cake Boss or Cupcake Wars and wanted to learn how to make your very own award winning cake? Well now is your chance to learn!  
After just taking on class with Jen you will be able to show off your new skills to your family and bring home your very own decorated cake!



**Winter Scene Cake**  
Monday, January 20th  
6-7pm

**Valentine's Day Cake**  
Monday, February 24th  
6-7pm

**St. Patty's Day Cake**  
Monday, March 16th  
6-7pm

**Ages: 10-16**

**CRRA Rec Hall- 68 Mill St**

**\$35**

### We have an APP!

- Find directions to a field/town property in Foxborough
- See info on upcoming events and programs
- Get notifications on weather cancellations and more
- Report a maintenance issue at a park or field

iTunes download: [https://play.google.com/store/apps/details?id=com.app\\_fpar.layout&hl=en](https://play.google.com/store/apps/details?id=com.app_fpar.layout&hl=en)

Android user: <https://itunes.apple.com/us/app/foxborough-recreation-department/id1095859485?mt=8>

Links on our homepage @ [www.foxbororec.com](http://www.foxbororec.com)



### Babysitting Safety Training

Donna Giampetro RN, MSN is a certified American Heart Association, BLS (CPR/ First Aid) instructor with over 25 years of health care experience. Her experience and background allows them to bring a unique and extensive level of expertise to the classroom.

**We will review:**

- Adult/ infant CPR and AED
- Adult/children choking prevention
- First Aid Basics
- Safety for the sitter
- Games and crafts to play
- How to launch your own babysitting business



**Thursday, February 20th**  
9am-3pm

**Ages: 11+**

**Chapel Meeting House**

**\$100** (includes materials and certificate)

### February School Break Fun

Looking for somewhere fun for your kids to go this February break? If they are in grades K-5, they can come spend the day with Recreation! You can register for 1 or all 4 days! We will have each day planned for vacation fun...and field trips on every day as well! Children must pack a peanut-free snack & lunch.

Early & Extended day options

**Tuesday, February 18-Friday, February 21st**  
9am-3pm

**Grades: K-5**

**CRRA Rec Hall- 68 Mill St**

**\$70 per day**

### Parent Child Baking

Andrea will work alongside everyone to prepare and bake a number of items that we will incorporate into our meal and dessert. We will sit together as a group to enjoy our creations for dinner. Check full menu at [www.foxbororec.com](http://www.foxbororec.com).



**Thursday, February 20th**  
5-8pm

**Ages: 8+**

**CRRA Rec Hall- 68 Mill St**

**\$75 per couple**

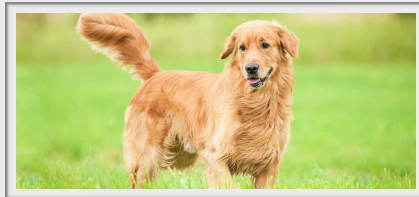
**Dog Training**

Join us for a Basic Manners Dog Training Class!

This class is co-taught by Sue Thibedeau and Pamela Natale, bringing many combined years of experience and education in dog training.

This six week course will help you teach your dog many helpful cues such as leave it, wait, come, and so much more!

We will cover loose leash dog walking to enhance your relationship with your dog while out and about on dog walks. Come learn how to work as a team with your dog, and bridge the gap of communication between you and your furry family member. All gentle and kind training methods used. Bring your dog and the family, and be amazed at what you and your dog can learn together! Class is for beginners: puppies and adult dogs alike, and dogs who may need a refresher in training!



**Tuesdays**  
**January 14-February 25th**  
 (No class Feb, 18th)  
 6-7pm or 7:15-8:15pm

**Meet the instructors:**

Sue Thibedeau, owner of Companion Dog Training is a graduate of Jean Donaldson's, The Academy for Dog Trainers. In addition to providing private in home training, she trains dogs at the Mansfield Animal Shelter to help them get adopted and has been a puppy raiser for Guiding Eyes for the Blind since 2008. She's currently preparing her own dog, Dot to compete in competitive obedience. Sue uses reward-based, force-free training methods because she believes that dogs and their owners should love training.

Pamela Natale, Owner of The Woodland Wag, LLC, has a Bachelor's degree in Psychology from Salve Regina University, is a dog lover and enthusiast with years of experience assisting with local dog training classes and private dog training sessions. She has a passion for pet guardian education, companion pets and rescue. Pamela was a shelter volunteer for over two years and assisted with dog training demos in the Mansfield, Foxboro and Easton communities. She is committed to a lifetime learning approach, traveling to various dog training conferences and seminars in her spare time. She and her rescue dog, Abbie enjoy taking dog training classes together from Tricks class to Freestyle and Intro to Nosework, along with enjoying long hikes and play sessions. Pamela's approach to dog training is gentle, fun, and built in her spare time and built upon mutual respect for both the dog and person!

**Ages: Adults**

**CRRA Hall- 68 Mill St.**

**\$135**

**Adult Yoga at the Chapel**

Quiet your mind, refresh your body, and relieve stress with this class with this class led by Diane Lancaster, who has more than 20 years of experience in fitness instruction. Regardless of your physical condition or abilities, learn to increase strength and flexibility through positions, breath work, and meditation. Class size is limited. Please bring your yoga mat and water.

**Wednesdays**  
January 15-April 15th  
6:30-7:45pm  
(no class 2/26)



**Ages: Adult**

**Chapel- 58 Mill Street**

**\$130**

**Men's Basketball**

Foxboro Men only- IDs will be checked. Informal play with teams rotating on and off the court. Bring your "A" game, sneakers and water. Check for school closing for holidays and snow days. If there is no school, basketball will be cancelled.

**Over 21 Years**  
Foxboro Men only  
Thursdays  
7-9pm



**Over 40 League**  
Foxboro Men only  
Tuesdays  
7-9pm

**Ages: Adult**

**Ahern School Gym**

**\$2 at the door**

**Co-Ed Volleyball**

Informal play with teams rotating on and off the court. Bring your "A" game, sneakers and water. *Check for school closings for holidays and snow days. If there is no school, volleyball will be cancelled.*



**Wednesdays- Ongoing**  
7-9pm

**Ages: Men and women over 21**

**Ahern School Gym**

**\$2 at the door**

**Senior Fit Class**

Workout through a variety of exercise designed to increase muscular strength, range of movement, and skills required during activities for daily living. Chairs will be used at times during the class. Bring light weights and a water bottle.

**Wednesdays  
January 15-February 5th  
10-11am**

**Wednesdays  
February 26-March 18th  
10-11am**

**Ages: Adults over 55 years**

**Chapel Meeting House**

**\$50**

**Ladies Snow Shoe/Trek**

Join this invigorating winter class for the physically fit hiker! Embrace this part of the year-hiking trails are serene during the winter months. Fresh fallen snow only adds to the magic! Plus, you can burn up to 1000 calories an hour on hilly terrain! Join other women and hike or snowshoe (your choice), in some wonderful local park areas. Every week we will meet at a new location.

**Thursdays  
January 10-February 14th  
Saturdays  
January 12-February 16th  
9:45-11am**



**Thursdays  
February 28-April 4th  
Saturdays  
March 2-April 13th  
9:45-11am**

**Ages: women over 18**

**Gilbert Hills, State Forest**

**\$25**

**Creative Writing**

They say there is a great American novel in each of us! Together, let us discover what makes us writers. Come join Saide Harb-Ranero on a journey to explore different genres of creative writing: fiction, non fiction, poetry, and much more. This class will help you develop your craft and discover ways to transfer your imagination onto paper. We are all born storytellers; it is time to emerge into writers.

**Mondays  
January 27-March 2nd  
7-8:30pm**

**Ages: Adults**

**Chapel Meeting House**

**\$65**

# Ties & Tiara's 2020 Dance

*\*Formerly Known as the Father Daughter Dance\**

Foxboro Recreation Presents...

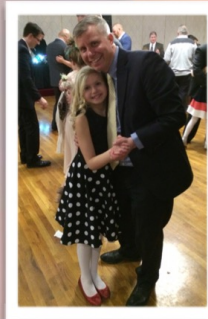


## The Social Event of the Year!

FATHERS AND DAUGHTERS,  
GRANDFATHERS AND GRANDDAUGHTERS,  
UNCLES AND NIECES ARE ALL INVITED TO  
ENJOY AN EVENING OF REFRESHMENTS,  
MUSIC, DANCING AND FUN.

LIMITED SPACE AVAILABLE THIS  
EVENT SELLS OUT EACH YEAR.

A GREAT OPPORTUNITY FOR THE BUSY DAD  
TO SPEND QUALITY TIME WITH HIS  
DAUGHTER(S).



When: Friday, February 28, 2020

Where: Ambrosia Function Hall

Time: 6:30-9pm

Cost: \$48 per couple

\$18 each additional girl

TICKETS ARE ONLINE NOW!

GO TO [WWW.FOXBOROREC.COM](http://WWW.FOXBOROREC.COM)

Register only your daughter\* it is assumed that either her dad, grandfather, uncle will be accompanying your daughter.

If you have more than one daughter you will need to go into that activity and change the member/daughter and register her as well. (You will be charged only \$15 for the additional daughter).

Pay online and **PRINT YOUR RECEIPT** this is your ticket to this event!!

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### Donald Cotter Recreational Hall

Our building is located in the beautiful setting of the Foxboro State Forest. At 68 Mill Street, we are situated in a quiet pine forest area in the Cocasset River Recreation area. The Recreational Hall is home to many classes, programs and events we offer. We run our birthday parties here and rent the hall for private functions. Seating approximately 100 people, the hall has been recently painted and updated and is the perfect setting for your event! Fully equipped with a kitchen (with two stoves and two ovens), tables and chairs, you can use this room for many different events.

**Perfect for larger parties, baby/wedding showers, First Communion, Bar/Bat Mitzvahs, company outings/meetings and more.**



**Fee: \$200**

### Chapel Meeting House

The Chapel Meeting House is an historic renovated chapel, located at 56 Mill Street. The main 46' x 16' master room can accommodate a maximum of 65 people, and is suitable for parties, gatherings, reunions, or similar type functions. The Chapel Meeting House has a small side room that contains a handicap accessible toilet, and a small kitchenette/pantry area.

The pantry has ample counter space and full sized refrigerator. There is a very functional, propane fuel led, heating/AC unit, that allows the building to be utilized throughout the entire year.

Use of this building will be very suitable for groups who are looking for a quiet meeting place in a pine forest setting, in a wonderfully warm and friendly atmosphere.

**Perfect for small parties, baby/wedding showers, First Communion/Bar/Bat Mitzvahs, company outings/meetings and more.**



**Fee: \$200**