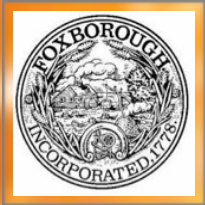


FOXBORO RECREATION



FALL 2019

WWW.FOXBOROREC.COM

Contact Info

Mailing Address: 40 South St.
Foxboro, MA 02035
Rec Office: 80 South St.
Phone: 508 543-7255
Fax: 508 543-1254
Hours: Mon-Thurs
8:30-3pm
Website: www.foxboro.com
Email: hstapleton@foxboroughma.gov

www.facebook.com/FoxboroRecreation

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Staff

Recreation Director: Debbie Giardino

Recreation Coordinators: Heidi Stapleton
Renee Tocci

Weather Cancellations:

In case of inclement weather, in which classes or activities may be cancelled, you will be contacted by the Foxboro Recreation Department. You may also check our website and Facebook page. Our cancellations are aligned with Foxboro Public Schools. Any program is assumed running as scheduled unless you have received word directly from the Recreation Department.

Withdrawal Policy:

If you have signed yourself or your child up for a program and have to withdraw for any reason, a \$20 processing fee will be charged.

If Foxboro Recreation needs to cancel a class or program due to lack of attendance or for any reason, participants will be refunded which will be in the form of a check and will take 2-3 weeks.

Rental Facilities:

We have two facilities to rent for parties/events and more:

CRRA Recreation Hall- 68 Mill Street (stats/max capacity/costs- see online details)

The Chapel Meeting House- 58 Mill Street (stats/ max capacity/costs- see online details)



Director's Message

The Board of Recreation is proud to present this 2019 Fall edition of the Recreation on-line brochure. The department offers a variety of leisure services, programs and special events to residents and visitors of all ages. At Foxboro Recreation we meet needs of toddlers through senior citizens. Our staff and Recreation board members are consistently striving to meet the challenge of providing many recreational programs and activities throughout the year.

Please take a look at the many programs we are offering this fall. If you need entertainment for your children on their day off from school, we have opportunities for them to spend the day with us. If you are looking to take a hike, meet new friends, learn a new skill, we have those programs for you. While our programs are affordable, we do offer many free family events in and around the community such as the Halloween Parade, our annual tree lighting on the Common and several more.


We hope you will join us and register for some of our amazing programs.

Thank you for your support of Foxboro Recreation

*Deb Giardino
Recreation Director*

➔
➜

Our programs are easy to register for!
 Just visit www.foxbororec.com and check out our new APP!
 Our link is on our home page.
 Keep up to date with what's happening at the Rec!



| Town of Foxboro Parks, Fields and Amenities | Address | Notes |
|---------------------------------------------------|-----------------|---------------------------------|
| Booth Playground/Fields | 80 South Street | Playground/Fields/Office |
| Payson Complex | Payson Street | Playground/Fields/Touch-a-Truck |
| Foxboro Skate Park | 80 South Street | Skate Pass-early spring |
| Tennis Court | 80 South Street | Open to Public |
| CRRA-Donald Cotter Recreation Hall | 68 Mill Street | Rental/Programs |
| Chapel Meeting House | 56 Mill Street | Rental/Programs |
| Town Pool | 68 Mill Street | Open to Public/Membership |
| Camp St. Augustine Property | 68 Mill Street | Scouts/Land |
| Lane Property-Conservation Land | 89 North Street | Please no ATVs |

Little Rec-Kers Preschool Program

Foxboro Recreation recognizes that the early years are an important time in a child's life. We offer a variety of quality programs at our recreation centers as well as a many great toddler/preschool programs. Class sizes are limited in order to give each participant the quality of attention you expect.

Activities will enhance socialization, assist in building self-confidence, and provide some educational experience. Our programs are all play based where children will participate in crafts, games, circle time, sharing, creative play, and other activities based on their age. The early childhood years from birth to age 5 are a critical time for developing many important language, physical, social, and emotional skills.

Enrolling in early childhood programs gives young children opportunities to practice those key developmental skills. A sports class not only teaches gross motor skills like kicking a ball, but also important social skills like waiting your turn and sharing with others. Art classes are great opportunities to practice fine motor skills by using paint brushes crayons or markers and to use language by sharing ideas with others.

All of our preschool and toddler programs are led by Renee and her caring, expert staff who understand early childhood development and design age-appropriate activities that ensure children have the best possible introduction to organized play. Our staff is skilled at easing the transition into participating independently.



Program Schedule Options

Full Year registration

Ready Set Preschool Play

Two days per week program for preschool (18 months-5 years)
 Choose Monday/Wednesday or Tuesday/Thursday
 9-11:30am
 CRRA Hall -68 Mill St.
 Fee: \$1,247.50 per year (\$138.61 monthly in 9 installments Sept 1-May 1)

September 9, 2019-May 21, 2020
6 Week Sessions & 5 Week Sessions

September 9-October 15
 October 21-December 4
 (No class week of Nov 25 except on Monday)
 December 9-January 30
 (No class week of Dec 23-Jan 3)
 February 3-March 20 (No class week of Feb 17-21)
 March 30-May 21 (No class week of April 13)



Ages: 18 months-5 years

CRRA Hall- 68 Mill St.

\$135 for 6 weeks

Pee Wee Soccer

This non-competitive instructional program introduces new players to basics such as and shooting.

Wednesdays
September 11-October 16
6-6:45pm
Coach Gina

Wednesdays
Sept 11-October 16
1:15-2pm
Coach Heidi

Ages: 3-5

Booth Field

\$70 for 6 weeks

Pee Wee Soccer with F.A.S.T Athletics

Our soccer program will teach the fundamental skills of dribbling, trapping, passing and shooting. The students will work on these fundamentals through a variety of unique, non traditional games. Parents are also encouraged to participate if their child needs the extra support.

Thursdays
September 19-October 24
5:30-6:15pm



Saturdays
September 21-October 19
2-2:45pm

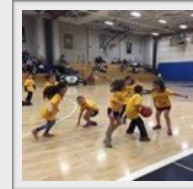
Ages: 3-5

Booth Field

\$68 for 5 weeks/\$78 for 6 weeks

Jr. Basketball

This fun program teaches boys and girls (Grades k & 1st) the skills needed to play basketball. The drills are fun and the kids will learn how to dribble, shoot, pass and more.



Wednesday
November 6-December 18
6:15-7:15pm
Coach Gina

Thursday
November 7-December 19
6:15-7:15pm
Coach Heidi

Ages: 5-7

Burrell Gymnasium

\$75 for 6 weeks/includes t-shirt

Friday Night Boy's Flag Football League

This was a fantastic program the last four years by Donny Cotter. In it's fifth year, we are so excited to bring this successful program back to Foxboro boys grades 3-8. Boys will play on Sam Berns Community Turf Field and will receive a football jersey. Week 1 will be skills & scrimmaging and games will be weeks 2 - 6.

Fridays
September 13-October 18
6-7:30pm



Ages: Grades 3/4, 5/6 & 7/8

Foxboro HS Turf Field

\$90 includes jersey

Rookie Rugby

Rookie Rugby is the introductory game for rugby in America. Kids, parents, teachers, fans, referees and coaches learn and compete in a simplified version of rugby played with flag belts. The rules and programs of Rookie Rugby tie together child development, healthy activity, fair play, fun and safety.



Wednesdays
5-6:30pm
September 18-October 23

Grades: 3-8

Booth Field

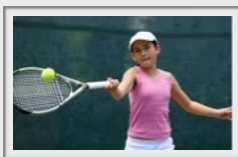
\$65 for 6 weeks

Tennis for Children - F.A.S.T. Athletics

Introduces kids to tennis using a foam and/or red ball which is lower compression than the standard tennis ball. Kids will be introduced to the tennis basics with active drills and games, the main emphasis being fun.

6-8 years
Wednesdays
September 11-October 16
4:30-5:30pm

Saturdays
September 14-October 19
10:30-11:30am



9-12 years
Wednesdays
September 11-October 16
5:35-6:35pm

Saturdays
September 14-October 19
11:35am-12:35pm

Ages: 6-12 years

Booth Tennis Courts

\$95 for 6 weeks

Street Hockey with F.A.S.T. Athletics

Come join F.A.S.T. Athletics for some street hockey fun. Fundamentals of hockey will be taught through training stations the first portion of the course. One-timers, passing, shooting and dribbling will be some of the training focus in the beginning. After the instructional period is over, each day will end with a good old fashion street hockey game. At the beginning of class;



Thursdays
September 19-October 24
4-5pm

Grades: K-2

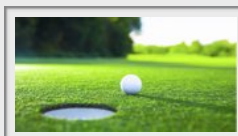
Booth Hockey Rink

\$95 for 6 weeks

Golf for Juniors

Clinics consist of 4 one-hour lessons with each lesson focusing on a specific part of the game. Students will learn the basic fundamentals of swinging with irons and woods as well as pitching, chipping and putting. Barrie Bruce has over 30 years experience teaching golf on the North Shore and now will be teaching at the Wentworth Hills Country Club in Plainville.

Saturdays
September 14-October 5
12-1pm



Sundays
September 15-October 6
10-11am

Ages: 6-15 years

Wentworth Hills Country Club

\$139 for 4 weeks

Kids Obstacle Fun!

Your child will have fun running through challenging and adventurous obstacles. This will help with their coordination and agility and they will have fun doing it! Certified personal trainer, Lisa Cossette will take your kids on a fun adventure while they get exercise doing it!

Wednesdays
September 18-October 23
4-5pm

Ages: 5-9

CRRA Rec Hall-68 Mill St

\$50 for weeks

Italian Inspired Comfort Fall Food

Andrea has been teaching children in Foxboro about cooking, kitchen prep/tools and making delicious dinners for over five years now. Time flies when you are having fun!
Andrea will show your child how to make fun food and dessert the will focus on basic skills and techniques.

Kids in the Kitchen
Thursday, October 24
4:00-6:30pm
Ages: 10-12



Younger Kids
Monday, October 28
4:00-6:30pm
Ages: 7-9

Cooking with Teens
Thursday, November 7
4:00-6:30pm
Ages: 13+

Parent & Child ~ Holiday Pie Making
Thursday, December 5
4-7pm
Ages: 8 yrs+
Fee: \$75 per couple

Ages: 7+

CRRA Hall-68 Mill St.

\$53 per session

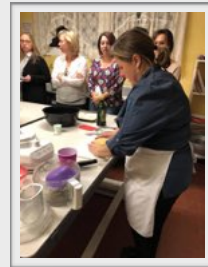
Monthly Cooking Adventures for Adults

We are so lucky to have such an amazing chef, living in Foxboro, who is willing to demo and teach her favorite recipes and meals!

Italian Inspired Fall Comfort Food
Thursday, October 17
6:30-9pm

~

Cooking for the Holidays
Thursday, November 21
6:30-9pm



Holiday Pie Making
Monday, November 25
6:30-9pm

Ages: Adults

CRRA Hall- 68 Mill St.

\$53 per session

Clay with Lizanne Donegan



Liane Donegan lives in town and has taught pottery to adults and children in the greater Boston area for 25 years, Lizanne handcrafts her pottery at Potters Place in Walpole. She is delighted to have the opportunity to share her knowledge and enthusiasm of working with clay with our community by offering classes to children this fall. This will be Lizanne's 4th year teaching with Recreation.



Kids Clay Pumpkin Class, Jack O' Lanterns

Would you like to try working with clay? Come and learn to make a clay pumpkin. In this two class workshop we will learn to make a clay pumpkin in the first class. The second class we will decorate our pumpkins with under glaze paint. You can carve a scary face or a funny face or just wait our pumpkin and then leave your pumpkin to be kiln fired.

Tuesdays, September 17 & September 24
3:45-5:15pm

Ages: Grades 1-5

CRRRA Hall- 68 Mill St.

\$70 for two sessions

Your Photos and Digital Estate!

Our kids and family love us BUT they DO NOT want our boxes of STUFF (photos, scrapbooks, videos and boxes of documents, etc.) when we are gone!! Do you need help with a solution to ORGANIZE them all? Then this 4 week class is for you! Learn an easy way to protect and preserve ALL of your photos, private documents, videos and audio files in one private place. It is VERY easy to lose track of photos and with the constant worry of a computer or external hard drive-crashes, natural disasters, house fire or flood we have to have a PLAN! Were you lucky enough to inherit old photos and family movies? How can you save protect your precious memories for the next generation? I have a SOLUTION! I will show you how you can SAVE, ORGANIZE & SHARE all of your photos, documents if needed, videos and memories!
Let's get your "Digital Estate" in order!

Wednesdays
October 2-October 23
7-9:30pm



Ages: Adults

Booth Office

\$20 for 4 sessions

Cake Decorating Class

Its not just icing on the cake, It's you very own masterpiece!!! Take home your very decorated cake! The cakes will be made and all you have to do is decorate them!! All supplies included in cost!

Rainbow Layer Cake
Monday, September 16
6-7pm

Halloween Themed Cake
Monday, October 21
6-7pm

Thanksgiving Basket Cake
Monday, November 18
6-7pm

Ages: 10-15

CRRA Rec Hall- 68 Mill St

\$30

Kids' Night Out!

The children will love spending time with their friends while you spend time with your friends. Each month we will do a different themed night! Pizza will be provided as well.



Game Night!
Friday, September 20
5:30-8:30pm

Halloween Party!
Friday, October 25
5:30-8:30pm

Slime Night!
Friday, November 22
5:30-8:30pm

Ages: 5-11

CRRA Rec Hall- 68 Mill St

\$20

Digital Game Design- Tinker & Create

This course introduces students to the Unreal Engine, a game development platform that's great for creating 2D and 3D games. Some of the most important skills acquired in the class are scene and character design, computer programming, story crafting and writing, a bit of physics and math, and, most importantly, imagination.

Fridays
November 8-December 20
4-5pm

Grades: 3-8

Chapel Meeting House

\$140 for 6 weeks

Babysitting Training Course

Donna Giampetro RN, BSN is a certified American Heart Association, BLS instructors with over 25 years of health care experience. Her experience and background allows them to bring a unique and extensive level of expertise to the classroom.

We will review:

- Adult/ infant CPR and AED
- Adult/children choking prevention
- First Aid Basics
- Safety for the sitter
- Games and crafts to play
- How to launch your own babysitting business



Monday, September 30 & Monday, October 7
5:30-8:30pm

Saturday, November 16
9am-3pm

Ages: 11+

CRRA Rec Hall- 68 Mill St
(includes materials, snacks, and certificate)

\$100 for 2- 3 hour sessions

Home Alone Safety

Unexpected events such as a snow day, business appointment, or child care plans falling through can happen at any time. Occasionally your child may need to be alone after school. Making sure your child is prepared and feels confident and safe is essential for a successful home alone experience. Staying home alone can be a positive experience for kids and can help them to gain a sense of self assurance and independence.



Friday, September 27
5:30-8:30pm

Friday, November 15
5:30-8:30pm

Ages: 9+

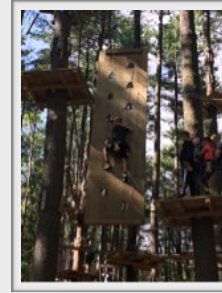
Chapel Meeting house- 58 Mill St.

\$57 for one- three hour class

Tree Top Adventures

Have you been to the newest ropes and zip line course in Canton, MA? It is amazing!

On **Friday, October 11th**, there will be no school due to professional development day- so come along with us on an adventure! Our trip includes 3 hours of climbing and zipping through this amazing place! It also includes a pizza lunch.



Friday, October 11th- PDD
9am-3pm

Grades: 5-8

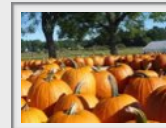
Meet at Booth Parking Lot

\$65

Tangerini Farms

Hay rides, pumpkin patches and mazes are all part of the fun that fall in New England has to offer. Your children are invited to come experience the fun and learning at Tangerini's Spring Street Farm. Please join the Recreation Department on a new adventure to Tangerin's Farm in Millis. Hayride, pumpkin picking, pumpkin decorating, animals and hay maze are all included in this trip. Please pack a bagged lunch as the children will be enjoying their meal in the green house.

Friday, October 11- PDD
9am-3pm



Grades: K-4

CRRA Rec Hall- 68 Mill St

\$40

Trip to Witches Woods with the Middleschoolers

Witches Woods at Nashoba Valley. We will take an adventure and see all 7 attractions while we are there! Haunted Hayride, Nightmare Mansion, Castle Morbid and more!



Friday, October 18
5:30-9:30pm

Grades: 5-8

Meet at Booth Parking Lot

\$60

Elf on the Shelf

Join us for an evening of Elf on the Shelf fun! There will be elf themed crafts and games! Our elf on the shelf adventure will wind down with the viewing of an Elf's Story: The Elf on the Shelf movie, so we can learn how Chippy and his friends began this wonderful holiday tradition! Pizza will be served!



**Friday, December 20
6-9pm**

Grades: K-5

CRRA Rec Hall- 68 Mill St

\$25

Christmas Ornaments, Christmas Cookies & Gingerbread Houses

Holiday Fun! We will be making ornaments, cookies and gingerbread houses this December! Sign up for 1 or all 3!



**Cinnamon Ornaments
December 4
6-7pm**

**Gingerbread Houses
December 11
6-7pm**

**Christmas Cookies
December 16
6-7pm**

Grades: K-5

CRRA Rec Hall- 68 Mill St

\$15/ \$20

December Rec-cation Program

Looking for somewhere fun for your kids to go over December school break? If they are in grades K- 4, they can come spend the day with Recreation! You can register for one day or all four! We will have each day planned for vacation fun....arts & crafts, activities, board games and outside time! We will be going on field trips as well!!

**Before and After
Care Options!**

**Thursday, Dec 26-Tuesday, Dec 31
9am-3pm**

**Daily Field
Trips will be
scheduled!
TBD**

Grades: K-4

CRRA Rec Hall-68 Mill St

\$70 per day

Adult Yoga at the Chapel

Quiet your mind, refresh your body, and relieve stress with this class with this class led by Diane Lancaster, who has more than 20 years of experience in fitness instruction. Regardless of your physical condition or abilities, learn to increase strength and flexibility through positions, breath work, and meditation. Class size is limited. Please bring your yoga mat and water.

Wednesdays
September 11- December 18
6:30-7:45pm



Ages: Adult

Chapel- 58 Mill Street

\$130 for 13 weeks

Men's Basketball

Foxboro Men only- IDs will be checked. Informal play with teams rotating on and off the court. Bring your "A" game, sneakers and water. Check for school closing for holidays and snow days. If there is no school, basketball will be cancelled.

Over 21 Years
Foxboro Men only
Thursdays
Starts September 19th
7-9pm



Over 40 League
Foxboro Men only
Tuesdays
Starts September 17th
7-9pm

Ages: Adult

Ahern School Gym

\$2 at the door

Co-Ed Volleyball

Informal play with teams rotating on and off the court. Bring your "A" game, sneakers and water. *Check for school closings for holidays and snow days. If there is no school, volleyball will be cancelled.*

Wednesdays- Ongoing
Starts September 18th
7-9pm



Ages: Men and women over 21

Ahern School Gym

\$2 at the door

Ladies Light Hike

Add dimensions to your walking or jogging - do you like the idea of hiking but don't want to go alone? Hiking is fantastic exercise as well as a great time to get some fresh air and explore new places. This class moves at a good pace - we'll be looking for hills! We will meet at various local locations every week (a list will be given out). Note: If conditions are icy "ice cleats" on shoes are strongly recommended. They are available to purchase at several locations including Bass Pro Shop, L.L. Bean and Walmart).

Thursdays
September 12-October 17
OR
Saturdays
September 14-October 19
9:45-11am



Thursdays
October 31-December 12
OR
Saturdays
November 2-December 14
9:45-11am

Ages: Adult

Gilbert Hills State Forest- 45 Mill St.

\$25

Golf for Adults

Clinics consist of 4 one-hour lessons with each lesson focusing on a specific part of the game. Students will learn the basic fundamentals of swinging with irons and woods as well as pitching, chipping and putting. Barrie Bruce has over 30 years experience teaching golf on the North Shore and now will be teaching at the Wentworth Hills Country Club in Plainville.

Saturdays
September 7- September 28
10-11am

Wednesdays
September 11- October 2
5-6pm

Ages: Adult

Wentworth Hills Country Club

\$179 for 4 weeks

We have an APP!

- Find directions to a field/town property in Foxborough
- See info on upcoming events and programs
- Get notifications on weather cancellations and more
- Report a maintenance issue at a park or field

iTunes download: https://play.google.com/store/apps/details?id=com.app_fpar.layout&hl=en

Android user: <https://itunes.apple.com/us/app/foxborough-recreation-department/id1095859485?mt=8>

Links on our homepage @ www.foxbororec.com



Don't Miss our 10th Annual
Halloween Parade through Foxboro Common!
No need to Pre-register!
Free and Fun for All!

Halloween 2019 Parade

Foxboro Recreation Presents:

HALLOWEEN COSTUME PARADE

Saturday, October 26th

2:30-4:00pm



2:30PM GATHERING TIME;
IN FRONT OF IGO SCHOOL

3:00 PARADE TO COMMON
WHILE TRICK OR TREATING ALONG THE WAY

COSTUMES ENCOURAGED ~ CONSIDER A FAMILY/GROUP
ENTRY ~

PRIZES & AWARDS ~ FREE & OPEN TO ALL
CHURCH OF EMMANUEL'S TRUNK OR TREAT EVENT
HELD IMMEDIATELY AFTER THE PARADE AT 4PM!

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Light up the Town!

6th Annual Light up the town event! Join us in lighting up the town!

Saturday, November 30th

First, you can join the Foxboro Jaycees as they decorate the common from 9:00am - noon.

Whether your family can make it to that or not, please bring the whole family to the Boyden Library at 4:00pm to decorate an ornament to bring home for your own tree!



Then, join us on Foxboro Common from 5-6 pm for hot chocolate, cookies, caroling, visitors from the North Pole, and more!

This event is hosted by:

Foxboro Jaycees, Foxboro Fire & Rescue, Foxboro Police, Boyden Library, Grace Chapel and Foxboro Recreation.

Thank you to Tree Tech for putting the lights on the tree!

Donald Cotter Recreational Hall

Our building is located in the beautiful setting of the Foxboro State Forest. At 68 Mill Street, we are situated in a quiet pine forest area in the Cocasset River Recreation area. The Recreational Hall is home to many classes, programs and events we offer. We run our birthday parties here and rent the hall for private functions. Seating approximately 100 people, the hall has been recently painted and updated and is the perfect setting for your event! Fully equipped with a kitchen (with two stoves and two ovens), tables and chairs, you can use this room for many different events.

Perfect for larger parties, baby/wedding showers, First Communion, Bar/Bat Mitzvahs, company outings/meetings and more.



Fee: \$200

Chapel Meeting House

The Chapel Meeting House is an historic renovated chapel, located at 56 Mill Street. The main 46' x 16' master room can accommodate a maximum of 65 people, and is suitable for parties, gatherings, reunions, or similar type functions. The Chapel Meeting House has a small side room that contains a handicap accessible toilet, and a small kitchenette/pantry area.

The pantry has ample counter space and full sized refrigerator. There is a very functional, propane fuel led, heating/AC unit, that allows the building to be utilized throughout the entire year.

Use of this building will be very suitable for groups who are looking for a quiet meeting place in a pine forest setting, in a wonderfully warm and friendly atmosphere.

Perfect for small parties, baby/wedding showers, First Communion/Bar/Bat Mitzvahs, company outings/meetings and more.



Fee: \$200