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Fall 2018 FOXBORO

Parks & Recreation







Get Social!



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Foxboro, Massachusetts 40 South St. 508 543-7255



https://twitter.com/FoxboroRecreati

To sign up for programs or find out more see <u>www.foxbororec.com</u>

Contact Info

Mailing Address:	40 South St.
	Foxboro, MA 02035
Rec Office:	80 South St.
Phone:	508 543-7255
Fax:	508 543-1254
Hours:	Mon-Thurs
	8:30-3pm
Website:	www.foxboro.com
Email:	hstapleton@foxboroughma.gov

www.facebook.com/FoxboroRecreation

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<u>Staff</u>

Recreation Director:

Debbie Giardino

Recreation Coordinators: Heidi Stapleton Renee Tocci

Weather Cancellations:

In case of inclement weather, in which classes or activities may be cancelled, you will be contacted by the Foxboro Recreation Department. You may also check our website and Facebook page. Our cancellations are aligned with Foxboro Public Schools. Any program is assumed running as scheduled unless you have received word directly from the Recreation Department.

Withdrawal Policy:

If you have signed yourself or your child up for a program and have to withdraw for any reason, a \$20 processing fee will be charged.

If Foxboro Recreation needs to cancel a class or program due to lace of attendance or for any reason, participants will be refunded which will be in the form of a check and will take 2-3 weeks.

Rental Facilities:

We have two facilities to rent for parties/events and more:

CRRA Recreation Hall- 68 Mill Street (stats/max capacity/costs- see online details)

The Chapel Meeting House- 58 Mill Street (stats/ max capacity/costs- see online details)

Director's Message

The Board of Recreation is proud to present this 2018 Fall edition of the Recreation on-line brochure. The department offers a variety of leisure services, programs and special events to residents and visitors of all ages. At Foxboro Recreation we meet needs of toddlers through senior citizens. Our staff and Recreation board members are consistently striving to meet the challenge of providing many recreational programs and activities throughout the year.

Please take a look at the many programs we are offering this fall. If you need entertainment for your children on their day off from school, we have opportunities for them to spend the day with us. If you are looking to take a hike, meet new friends, learn a new skill, we have those programs for you. While are programs are affordable, we do offer many free family events in and around the community such as the Halloween Parade, our annual tree lighting on the Common and several more.

We hope you will join us and register for some of our amazing programs.

Thank you for your support of Foxboro Recreation!

Our programs are easy to register for! Just visit <u>www.foxbororec.com</u> and check out our new APP! Our link is on our home page. Keep up to date with what's happening at the Rec!

Town of Foxboro Parks, Fields and Amenities	Address	Notes
Booth Playground/Fields	80 South Street	Playground/Fields/Office
Payson Complex	Payson Street	Playground/Fields/Touch-a-Truck
Foxboro Skate Park	80 South Street	Skate Pass-early spring
Tennis Court	80 South Street	Open to Public
CRRA-Donald Cotter Recreation Hall	68 Mill Street	Rental/Programs
Chapel Meeting House	56 Mill Street	Rental/Programs
Town Pool	68 Mill Street	Open to Public/Membership
Camp St. Augustine Property	68 Mill Street	Scouts/Land
Lane Property-Conservation Land	89 North Street	Please no ATVs

Toddler and Preschool Programs

Foxboro Recreation recognizes that the early years are an important time in a child's life. We offer a variety of quality programs at our recreation centers as well as a many great toddler/preschool programs. Class sizes are limited in order to give each participant the quality of attention you expect.

Activities will enhance socialization, assist in building self-confidence, and provide some educational experience. Our programs are all play based where children will participate in crafts, games, circle time, sharing, creative play, and other activities based on their age. The early childhood years from birth to age 5 are a critical time for developing many important language, physical, social, and emotional skills.

Enrolling in early childhood programs gives young children opportunities to practice those key developmental skills. A sports class not only teaches gross motor skills like kicking a ball, but also important social skills like waiting your turn and sharing with others. Art classes are great opportunities to practice fine motor skills by using paint brushes crayons or markers and to use language by sharing ideas with others.

All of our preschool and toddler programs are led by Renee and her caring, expert staff who understand early childhood development and design age-appropriate activities that ensure children have the best possible introduction to organized play. Our staff is skilled at easing the transition into participating independently.



Program Schedule Options

<u>Full Year registration</u> September 10, 2018-May 24, 2019

Ready Set Preschool Play

Two days per week program for preschool (18 months-5 years) Choose Monday/Wednesday or Tuesday/Thursday 9-11:30am CRRA Hall -68 Mill St. Fee: \$1,247.50 per year (\$138.61 monthly in 9 installments Sept 1-May 1)

Extended Hours

Ready Set Preschool

Play students can extend their school day. Bring a lunch, eat with teachers, play in the classroom and on the playground, extended hours available from 11:30am-12pm on Tuesday/Thursday.



6 Week Sessions & 5 Week Sessions

September 10-October 18 October 22-December 7 (No class week of Nov 19 except on Monday) December 10-January 31 (No class week of Dec 24-Jan 1) February 4-March 28 (No class week of Feb 18) April 1-May 24 (No class week of April 15)

Ages: 18 months-5 years

CRRA Hall- 68 Mill St.

\$135 for 6 weeks

Pee Wee Soccer

Gina Dunne will be instructing this popular program. This non-competitive instructional program introduces new players to basics such as dribbling and shooting.

Saturdays September 8-October 13 3:30-4:15pm and 4:20-5:05pm

Tuesdays September 10-October 15 6-6:45pm

Wednesdays Sept 12-October 17 1:15-2pm

\$75 for 6 weeks

Kidding Around Yoga with Miss Kerry: Caregiver and Mini Yogis

Booth Field

Kidding Around Yoga offers a unique children's yoga class that incorporates singing, jogging, limboing, dancing, games and so much more all woven into the original songs that we have created for our little ones.

> Fridays, September 21-October 26th 9:30-10:15am

Ages: 22 months- 4 yrs

Ages: 3-5

Chapel Meeting House

\$60 for 6 weeks

Kidding Around Yoga with Miss Kerry

This program introduces children to yoga to help them relax and be present. We accomplish teaching poses through games and activities, songs and expression play. The hope is to teach children from an early age to be mindful and aware of their bodies and emotions and teach way for them to accept and cope with them.



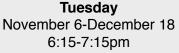
Sundays September 16 -October 21 4-5pm

\$60 for 6 weeks

Jr. Basketball

This fun program teaches boys and girls (Grades k & 1st) the skills needed to play basketball. The drills are fun and the kids will learn how to dribble, shoot, pass and more.

Chapel Meeting House



Wednesday November 7-December 18

6:15-7:15pm



Ages: 5-7

Ages: 3-5

Burrell Gymnasium

\$75 for 6 weeks/includes t-shirt

Friday Night Boy's Flag Football League

This was a fantastic program the last four years by Donny Cotter. In it's fifth year, we are so excited to bring this successful program back to Foxboro boys grades 3-8. Boys will play on Sam Berns Community Turf Field and will receive a football jersey. Week 1 will be skills & scrimmaging and games will be weeks 2 - 6.

Fridays September 21-October 26 6:15-7:15pm Pizza party and Playoffs Date TBD

Ages: Grades 3/4, 5/6 & 7/8

Payson Field



\$85 includes jersey

Fall Field Hockey- Travel Teams

Games start September 9th running thru November. Games will be held between 9am-11am on Saturdays. Practices are on Sundays TBD



Coach Melissa Bordieri, FHS Varsity Coach since 2002, will be coordinating the Foxboro Youth Field Hockey teams for the 5th year in a row. This program is designed to develop youth players, grades 4-8, into competitive, well-rounded athletes, while promoting respect, sportsmanship and a love for the sport of field hockey. This is a great opportunity both to learn about the game and to develop skills at a competitive level.

Each player must have a mouth guard, shin guards, goggles, cleats and a stick.

Age: Grades 4-8

Payson Complex

\$135 resident/nonresident

Tennis for Children

Julia Muise will be teaching our fall tennis program. She is the captain of the Foxboro High School girl's tennis team and heading into her 4th year playing varsity tennis. Her goal is to foster a love for the sport of tennis in her students while giving

them valuable instruction along the way.



Tuesdays September 11-October 16 6-8 years 4:30-5:30pm

> 9-11 years 5:30-6:30pm

Thursdays September 13-October 18 9-11 years 4:30-5:30pm

> 6-8 years 5:30-6:30pm

Saturdays September 15-October 20 6-8 years 9-10am

> 9-11 years 10-11am

Ages: 6-11

Booth Tennis Courts

\$60 for 6 weeks

Clay with Lizanne Donegan

Liane Donegan lives in town and has taught pottery to adults and children in the greater Boston area for 21 years, Liane handcrafts her pottery at Potters Place in Walpole. She is



delighted to have the opportunity to share her knowledge and enthusiasm of working with clay with our community by offering classes to children this fall. This will be Lizanne's 4th year teaching with Recreation.

Kids Clay Pumpkin Class, Jack O' Lanterns

Would you like to try working with clay? Come and learn to make a clay pumpkin. In this two class workshop we will learn to make a clay pumpkin in the first class. The second class we will decorate our pumpkins with under glaze paint. You can

carve a scary face or a funny face or just wait our pumpkin and then leave your pumpkin to be kiln fired.

Tuesdays September 18 & September 25 3:45-5:15pm



Ages: Grades 1-5

CRRA Hall- 68 Mill St.

\$65 for two sessions

The Photo Dilemma!

"STOP THE MADNESS!! Do you have photos EVERYWHERE? In this age if digital photography, it is VERY easy to lose track of photos! We all have photos on our cameras, our phones, laptops, desk-top computers, external drives, etc. What about actual pictures? Did you inherit old photos? Where ARE your photos? In the attic, in shoe boxes, in albums, in scrapbooks, in drawers? EVERYWHERE! Can you imagine ALL of your photos in one safe place? How about OLD media? Reel tapes, VHS, camcorder tapes, slides, negatives and more! How on earth can we possibly be ENJOYING these memories with all the chaos? How can you save them for the next generation? There is a SOLUTION! Trina will show you how you can SAVE, ORGANIZE & SHARE all of your photos and memories! Protect your memories from natural disasters, house fires, computer/hard drive crashes and more! Digitize and save them for generations while maintaining your DIGITAL RIGHTS and OWNERSHIP of your memories! Trina Massel will help you do all of this!



Tuesdays October 2-October 30 7-9pm

Ages: Adults

Booth Recreation Office

\$15 for 5 weeks

Awesome After School Snacks & Lunches

Andrea has been teaching children in Foxboro about cooking, kitchen prep/tools and making delicious dinners for over four years now. Time flies when you are having fun!

This session is great options for snacks and lunches!!

Younger Kids Monday, October 1st 4:00-6:00pm Grades: 1-3

Cooking with Teens Monday, November 5th 4:00-6:30pm Ages: 13+



Kids in the Kitchen Thursday, October 11th 4:00-6:30pm Ages: 9-13

Parent & Child ~ Sweet & Savory Pies **Thursday, November 8th** 5:00-8:00pm Ages: 8 yrs+ Fee: \$75 per couple

Ages: 6+

CRRA Hall-68 Mill St.

Monthly Cooking Adventures for Adults

We are so lucky to have such an amazing chef, living in Foxboro, who is willing to demo and teach her favorite recipes and meals!

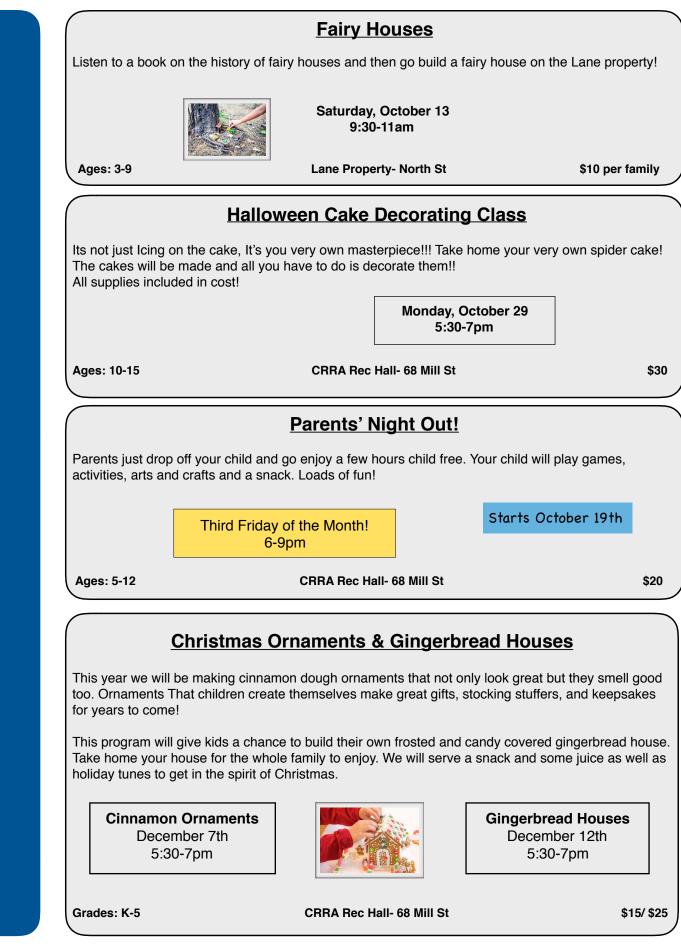


Ages: Adults

CRRA Hall- 68 Mill St.

\$50 per session

\$50



Tree top Adventures

Have you been to the newest ropes and zip line course in Canton, MA? It is amazing! On Friday, October 5th, there will be no school due to professional

development day- so come along with us on an adventure! Our trip includes 4 hours of climbing and zipping through this amazing place! It also includes a pizza lunch. Waiver need to be signed and we are off! Bus leaves Booth parking lot at 9:45am and returns at 3:30pm.

Friday, October 5th

9:30am-3:30pm

Grades: 5-8

Meet at Booth Parking Lot

Tangerini Farms

Hay rides, pumpkin patches and mazes are all part of the fun that fall in New England has to offer. Your children are invited to come experience the fun and learning at Tangerini's Spring Street Farm. Please join the Recreation Department on a new adventure to Tangerin's Farm in Millis. Hayride, pumpkin picking, pumpkin decorating, animals and hay maze are all included in this trip. Please pack a bagged lunch as the children will be enjoying their meal in the green house.

Friday, October 5th 9am-3pm



Grades: K-4

Meet at Booth Parking Lot

Harvest Festival Day

What's better then the smell of Pumpkin Spice, or the sound of crunching leaves? Dropping your children off for a few hours of fun filled fall activities. We will be playing games, going on a fall themed scavenger hunt, doing some arts and crafts and making cards for the veterans on this special day.

> Monday, November 12th 10am-2pm



Grades: K-4

CRRA Rec Hall-68 Mill St

\$40

\$60

Babysitting Training Course

Donna Giampetro RN, BSN is a certified American Heart Association, BLS instructors with over 25 years of heath care experience. Her experience and background allows them to bring a unique and extensive level of expertise to the classroom.

We will review:

- · Adult/ infant CPR and AED
- Adult/children choking prevention
- · First Aid Basics
- · Safety for the sitter
- · Games and crafts to play
- · How to launch your own babysitting business



Tuesday, October 23rd & Friday, October 26th 5:30-8:30pm

Fee: \$95

Ages: 11+

Chapel Meeting Place- 58 Mill St. (includes materials, snacks, and certificate)

\$95 for 2- 3 hour sessions

Home Alone Safety

Unexpected events such as a snow day, business appointment, or child care plans falling through can happen at any time. Occasionally your child may need to be alone after school. Making sure your child is prepared and feels confident and safe is essential for a successful home alone experience. Staying home alone can be a positive experience for kids and can help them to gain a sense of self assurance and independence.

Friday, September 21st 5:30-8:30pm Fee: \$55



Friday, November 2nd 5:30-8:30pm Fee: \$55

Ages: 9+

Chapel Meeting house- 58 Mill St.

\$55 for one- three hour class

Parents' Night Out- Polar Express D Come for a fun Polar Express themed night! Create snowflakes, have some hot chocolate and cookies, play wonderland bingo for fun prizes, make winter slime and watch the movie Polar Ε Express! Your children will be entertained for three hours while you enjoy some time out to shop or grab dinner! Pizza will be served! Kids attend in С their pajamas and have a blast! Ε Friday, December 21 Μ 5:30-8:30pm B Ε **CRRA Rec Hall- 68 Mill St** \$25 Grades: K-5 R **December Rec-cation Program** Looking for somewhere fun for your kids to go over December school break? If they are in grades K-4, they can come spend the day with Recreation! You can register for one day or all four! Ms. Renee will have each day planned for vacation fun....arts & crafts, С activities, board games and outside time! Wednesday, Dec 26-Monday, Dec 31 9am-3pm \mathbf{O} Grades: K-5 CRRA Rec Hall- 68 Mill St \$40 per day Ν **Chess Wizards** Join us this winter break for tons of challenging chess lessons, exciting Ρ games, and cool prizes. You'll improve your chess skills, meet new friends, and work out your most powerful muscle- your brain! Our camps include fun team chess games (like bughouse), recess time R (of course), snacks, tournaments, and puzzles. Each camper receives a Chess Wizards T-Shirt, 0 trophy, and puzzle folder. Unleash your brain power and spend some of your break time with Chess Wizards! G R December 26-31, 2018 9am-12pm A Μ S Ages: 5-13 Chapel Meeting House-56 Mill St. \$150 for 4 days

Dog Training with Jane Young

We are thrilled to have Jane Young, owner and operator of Foxfield Dog Training, who is collaborating with Recreation to host dog training classes! Her classes fill up quickly! Jane has over 20 years of experience training dogs. She will work with your dog and your whole family to learn how to get the most enjoyment from our pet!

The basic/beginners class will cover sit, down , settle, stay, hand targeting, loose leash walking, leave it, attention to face, sitting for petting and grooming, wait, find, it, reaction to distractions, supervised separation, come, off,

accepting strangers, reaction to other dogs among other training tips.

Both classes take a maximum of 10 dogs with their families.

First week combined from 6:30-8:30pm and just a lecture so please don't bring your dog to class.

Beginners/Basic Tuesdays October 16- November 20 6-7pm



Beginners/Basic Tuesdays October 16-November 20 7:15-8:15pm

Ages: All

CRRA Hall- 68 Mill St.

\$135 for 6 week course



This demo will debunk that dogs are stubborn pack animals that need a human alpha to keep them from pooping in our shoes when they are made at us. Come learn the truth about dogs.

<u>"I Wish My Dog Could do That"</u> Tuesday, October 2nd

7-8pm Does everyone else's dog seem better behaved than yours? Come learn how to teach whatever you want your dog to learn. <u>"Sorry, Doggie, but I</u> <u>Have to do This"</u> Tuesday, December 4th 7-8pm

Are your dog's nails too long, fur too tangled, teeth too dirty or ears too goopy? Come learn how to fix it all without the fuss.

For the whole family- but please leave your dog at home for demonstrations.

Ages: All

CRRA Hall - 68 Mill St.

FREE Demonstration!

Fall 2018

www.foxbororec.com

Adult Yoga at the Chapel

Quiet your mind, refresh your body, and relieve stress with this class with this class led by Diane Lancaster, who has more than 20 years of experience in fitness instruction. Regardless of your physical condition or abilities, learn to increase strength and flexibility through positions, breath work, and meditation. Class size is limited. Please bring your yoga mat and water.

Wednesdays September 12- December 19 7-8pm



Ages: Adult

Chapel- 58 Mill Street

\$95 for 12 weeks

Men's Basketball

Foxboro Men only- IDs will be checked. Informal play with teams rotating on and off the court. Bring your "A" game, sneakers and water. Check for school closing for holidays and snow days. If there is no school, basketball will be cancelled.

Over 21 Years Foxboro Men only Thursdays Starts September 20th 7-9pm



Over 40 League Foxboro Men only Tuesdays Starts September 18th 7-9pm

Ages: Adult

Ahern School Gym

\$2 at the door

Co-Ed Volleyball

Informal play with teams rotating on and off the court. Bring your "A" game, sneakers and water. *Check for school closings for holidays and snow days. If there is no school, volleyball will be cancelled.*

Wednesdays- Ongoing Starts September 19th 7-9pm



Ages: Men and women over 21

Ahern School Gym

\$2 at the door

Ladies Light Hike

Add dimensions to your walking or jogging - do you like the idea of hiking but don't want to go alone? Hiking is fantastic exercise as well as a great time to get some fresh air and explore new places. This class moves at a good pace - we'll be looking for hills! We will meet at various local locations every week (a list will be given out). Note: If conditions are icy "ice cleats" on shoes are strongly recommended. They are available to purchase at several locations including Bass Pro Shop, L.L. Bean and Walmart).

Thursdays September 13-October 18 OR Saturdays September 15-October 20 9:45-11am



Thursdays November 1-December 13 OR Saturdays November 3-December 15 9:45-11am

Ages: Adult

Gilbert Hills State Forest- 45 Mill St.

\$25

Creative Writing

They say there is a great American novel in each of us! Together, let us discover what makes us writers. Come join Saide Harb-Ranero on a journey to explore different genres of creative writing: fiction, non fiction, poetry, and much more. This class will help you develop your craft and discover ways to transfer your imagination onto paper. We are all born storytellers; it is time to emerge into writers. All you need to bring is a pen/pencil and a notebook!

Wednesdays October 3-December 5 7-9pm



\$75 for 8 weeks

Ages: Adult

CRRA Rec Hall- 68 Mill St

We have an APP!

- Find directions to a field/town property in Foxborough
- · See info on upcoming events and programs
- · Get notifications on weather cancellations and more
- · Report a maintenance issue at a park or field

iTunes download: <u>https://play.google.com/store/apps/details?</u> id=com.app_fpar.layout&hl=en

Android user: <u>https://itunes.apple.com/us/app/foxborough-</u> recreation-department/id1095859485?mt=8 Links on our homepage @ www.foxbororec.com





Fall 2018

www.foxbororec.com

Light up the Gown!

5th Annual Light up the town event! Join us in lighting up the town!

Saturday, November 24th

First, you can join the Foxboro Jaycees as they decorate the common from 9:00 am - noon.

Whether your family can make it to that or not, please bring the whole family to the Boyden Library at 4:00 pm to decorate an ornament to bring home for your own tree!



Then, join us on Foxboro Common from 5-6 pm for hot chocolate, cookies, caroling, visitors from the North Pole, and more!

This event is hosted by:

Foxboro Jaycees, Foxboro Fire & Rescue, Foxboro Police, Boyden Library, and Foxboro Recreation.

Thank you to Tree Tech for putting the lights on the tree!

Donald Cotter Recreational Hall

Our building is located in the beautiful setting of the Foxboro State Forest. At 68 Mill Street, we are situated in a quiet pine forest area in the Cocasset River Recreation area. The Recreational Hall is home to many classes, programs and events we offer. We run our birthday parties here and rent the hall for private functions. Seating approximately 100 people, the hall has been recently painted and updated and is the perfect setting for your event! Fully equipped with a kitchen (with two stoves and two ovens), tables and chairs, you can use this room for many different events.

Perfect for larger parties, baby/ wedding showers, First Communions, Bar/Bat Mitzvahs, company outings/meetings and more.



Fee: \$200

Chapel Meeting House

The Chapel Meeting House is an historic renovated chapel, located at 56 Mill Street. The main 46' x 16' master room can accommodate a maximum of 65 people, and is suitable for parties, gatherings, reunions, or similar type functions. The Chapel Meeting House has a small side room that contains a handicap accessible toilet, and a small kitchenette/pantry area.

The pantry has ample counter space and full sized refrigerator. There is a very functional, propane fuel led, heating/AC unit, that allows the building to be utilized throughout the entire year.

Use of this building will be very suitable for groups who are looking for a quiet meeting place in a pine forest setting, in a wonderfully warm and friendly atmosphere.

Perfect for small parties, baby/wedding showers, First Communions/Bar/Bat Mitzvahs, company outings/meetings and more.





Fee: \$200